



COVID-19 PROTOCOLLO SICUREZZA -SAFETY PROTOCOL Indicazioni per gli equipaggi - Crew guidelines

Information:

The following are rules that must be followed:

- Do not enter the office or any other areas related to LA Duecento including open areas if you have a temperature over 37.5 or other flu like symptoms and you must call your family doctor and the local medical authorities (either 1500 or emergency services 112)
- Should the crew member that visited the CNSM office develop flu like symptoms please contact the Secretary at CNSM, this applies to the subsequent 14 days should symptoms appear.
- Respect all regulations prescribed by the Health Authorities (in particular those regarding social distancing and personal hygiene).

Secretary - Sign up procedures

It is highly recommended that sign up for LA Duecento should take place by email. For those that cannot complete the sign up electronically, it is recommended that they consign their documents to the Secretary at the CNSM office, respecting all health measure including social distancing of 1 metre, be wearing a facemask which conform with regulation EN 14683:2019. To sign up please complete the application form 2020, attaching all required documentation, at least one week before the regatta.

Sito sportivo della competizione

Each phase of LA DUECENTO will take place in the open, unless otherwise specified and without an audience present, in line with the expectation of the local authorities. Within the Marina dell'Orologio there will be gel dispensers available for all participants.

Distribution of materials

All the materials (gadgets, IdR, adhesives) will take place **THURSDAY 9 July** in an open venue at the Marina Dell'Orologio, ensuring that social distancing of one metre can be respected, the second option will be all materials will be distributed by the staff of CNSM directly to each boat at its mooring. All staff will take appropriate measures including facemask.

Communication to participants and technical support

All communication to participants (bulletin board) will take place exclusively online www.cnsm.org page La Duecento and on our social network pages (Facebook page Circolo Nautico Porto Santa Margherita). For all communication the Secretary of CNSM please use +39.336.829581 or info@cnsm.org.



Briefing

The committee has organised the briefing with the intention of limiting crowding. The briefing will take place live via **WEBEX** platform (Cisco) of FIV Zone XII. The link to access the link will be sent directly to participants by email.

The briefing will be recorded and uploaded to our YouTube channel of Circolo Nautico Santa Margherita to be viewed after the briefing.

Administration of Protests

The Organisational Committee of LA DUECENTO will process all protests online, via the WEBEX platform (Cisco) FIV Zone 12 and will respond as soon as possible by email.

Should it be necessary, the head office of CNSM Strada Sansonessa 83, will be used, whilst respecting all then measures related to maintaining appropriate social distancing of 1 metre. The room conform to all measures, including being well aired and cleaned regularly, access will be allowed to those members who have facemasks.

Participants

Must all wear facemasks when they are on land and must respect all social distancing measures including 1 metre between each other. Should distances not be maintained a facemask will be compulsory.

In order to maintain the necessary hygiene, it will necessary to do the following;

- Wash your hands on a regular basis.
- Do not touch your eyes, nose and mouth;
- Please sneeze and cough into a tissue avoiding contact with your hands, should you not have a tissue at hand, please use your elbow;
- Please avoid leaving personal items/clothing in public places, please store in your own personal bag and once home wash separately from other items;
- Please drink using single use cups/glasses or from a personal bottle;
- Please throw away used items in the appropriate bins (cups, tissues, plasters).

Personal protection items to use during events include the following;

- Facemasks that covers both mouth and nose.

It is compulsory for participants to measure their temperature every day and complete the appropriate form, which will be provided the Organisational Committee. Participants when not take part in sailing maneuvers will be expected to wear a facemask.

Social Events - Opening Ceremony - Winners Presentation

All social events which creates crowds which cannot respect the 1 metre social distancing are banned. Participants will receive from the Organisational Committee a "Welcome Drink Card" to present at the bar of Darsena dell'Orologio. The ceremony and Crew Party will take place at LA CINQUECENTO TROFEO PELLEGRIN, who date will be communicated in due time.



Compulsory Measures for Shipowners and Participants during navigation.

- Cleaning of the sailboat before and after the regatta, including equipment and safety equipment.
- Must use alcohol disinfectant solution.
- Must use single use plates, glasses, tissue and personal use bottles
- Must wear their facemask inside and outside the boat when unable to maintain a 1 metre distance.
- Complete daily the temperature form for each member of the crew.
- Should a member of the crew develop a temperature during the regatta, the team **MUST** withdraw from LA Duecento immediately and communicate this to the Committee **promptly**.
- Should a crew member develop a temperature, please head directly to your home marina and inform the appropriate Health Authority and your own medical practitioner.
- The skipper/shipowner is responsible for informing La DUECENTO Committee and that the crew members monitor themselves for the subsequent 15 days.

Management of the situation in case of suspected COVID 19

Should a skipper or crew member develop flu like symptoms during LA DUECENTO, that crew member within the limitations of the boat should be **isolated** from none symptomatic crew members, in order to limit as much as possible the spread of the virus.

What are the typical symptoms:

- Temperature above 37.5
- Respiratory symptoms including a cough

The skipper is expected to establish an isolated space to reduce contact. The infected crew member must wear a facemask to limit the spread of fluids within their immediate area. Furthermore, they must not use the common areas include the WC, at the same time as other crew members. The common areas must be cleaned and sanitized before and after use by the infected crew member.

Should a crew member suspect that they have symptoms

They must inform the Skipper as soon as possible, prior to this make sure to have your facemask on. The skipper is expected to isolate the crew member and then contact the appropriate medical authorities and follow their instructions and to inform the Servizio Igiene Pubblica ASL.

It is expected that the skipper will collaborate with the Authorities to establish who has had contact with crew member that is showing symptoms and should they receive a positive result to a COVID 19 test, that this is communicated to all crew members who will follow the instructions given by the authorities in relation to quarantine procedures.