



## COVID-19 SAFETY PROTOCOL ANNEX TO THE NOR - SELF-CERTIFICATION

**OWNER/SKIPPER**

**NAME AND SURNAME**

The undersigned \_\_\_\_\_ owner/skipper of the boat  
\_\_\_\_\_ entered at LA OTTANTA 2020 race

### DECLARE

- 1) To daily measure the body temperature of himself and the crew, finding that this is below 37.5 ° C;
- 2) To be aware of the obligation to stay at home in the presence of fever over 37.5 ° C or other flu symptoms;
- 2) To be aware of the fact that if flu or feverish symptoms should arise, you must immediately return to your home, and not stay inside the sport facility and / or attend places where other participants in the regatta and / or technical staff are present at the same time;
- 3) Not having had direct contact with subjects tested positive for COVID-19;
- 4) Not to have traveled to and from places that have involved a quarantine period;
- 5) Undertake to comply with all provisions, primarily interpersonal distancing, and observing the rules of hygiene through frequent hand washing and the adoption of all those correct behaviors from the hygiene's point of view.

**Date and Signature**

\_\_\_ \ \_\_\_ \ 2020