



## COVID-19 SAFETY PROTOCOL- Crew guidelines

The following are rules that must be followed:

- AVOID ANY FORM OF ASSEMBLY
- WEAR THE PROTECTIVE MASK in all covered and uncovered areas
- Do not enter the office CNSM/DARSENA or any other areas related to LA OTTANTA including open areas if you have a temperature over 37.5 or other flue like symptoms and you must call your family doctor and the local medical authorities (either 1500 or emergency services 112)
- Should the crew member that visited the CNSM/DARSENA office develop flu like symptoms please contact the Secretary at CNSM, this applies to the subsequent 14 days should symptoms appear.
- Respect all regulations prescribed by the Health Authorities (in particular those regarding social distancing and personal hygiene).

### Vehicle access and equipment

Access with vehicles in the Darsena Orologio is not allowed; the car parks are the municipal ones in front of the dock (free until April 30).

To deposit any equipment, contact the Circolo Nautico Santa Margherita.

It is strictly forbidden to leave material on the docks or piers.

### Access to the competition site

Competitors are recommended to carry out an antigenic swab in the 48 hours prior to the day of the event. It is mandatory to undergo daily temperature measurements. LA OTTANTA will take place in all its phases outdoors and without the presence of the public, as required by Government and / or Local Authorities. At the Darsena dell'Orologio, dispensers with hydroalcoholic hand-washing gel are available to competitors.

### Enclosed spaces

Competitors are not allowed to access the CIRCOLO NAUTICO SANTA MARGHERITA on regatta days.

### Changing rooms and toilets

The use of the changing rooms is forbidden.

Inside the toilets it is mandatory to wear a mask and maintain the interpersonal distance of at least 1 meter, respecting the established capacity.

### Distribution of materials

The distribution of material to racers and technicians (gadgets, stickers) or to the assistance staff at the event, will take place on FRIDAY 9 APRIL 2021, ensuring interpersonal distancing of at least one meter, see program.



## **Communication to participants and technical support**

All communication to participants (bulletin board) will take place exclusively online [www.cnsm.org](http://www.cnsm.org) page La Ottanta and on our social network pages (Facebook page Circolo Nautico Porto Santa Margherita). For all communication to the Secretary of CNSM please use +39.336.829581 or [info@cnsm.org](mailto:info@cnsm.org).

## **Briefing**

There are no in-person briefing activities. The technical and weather briefing will be held online on Thursday 8 April 2021 at 9.00 pm at the link that will be communicated via email to the owners.

## **Race officers and assistance staff**

Race officials and assistance staff must use personal technical equipment.

A mask must be used on board the Committee boats and an interpersonal distance of at least 1 meter must be maintained.

On board of ribs with more people it is mandatory to wear a mask and maintain the interpersonal distance of at least 1 meter.

## **Protests discussion**

For discussion of the protests, the O.C. of LA OTTANTA will prefer online mode, sending communication to the competitors.

If necessary, the CNSM headquarters in Strada Sansonessa 83 will be used, in a suitable room that allows interpersonal distancing of 1 meter. The hearing room will be adequately ventilated and sanitized. You will be able to enter by making mandatory use of a mask.

## **Ranking**

Rankings will be published exclusively electronically, on the site [www.cnsm.org](http://www.cnsm.org) on the La Ottanta page. They can also be posted on social networks.

## **Social events, opening ceremony, prize-giving ceremony**

There are no social events and opening ceremony.

Place, date and time of prize-giving ceremony will be communicated.

## **Management of symptomatic cases**

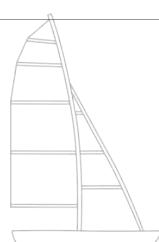
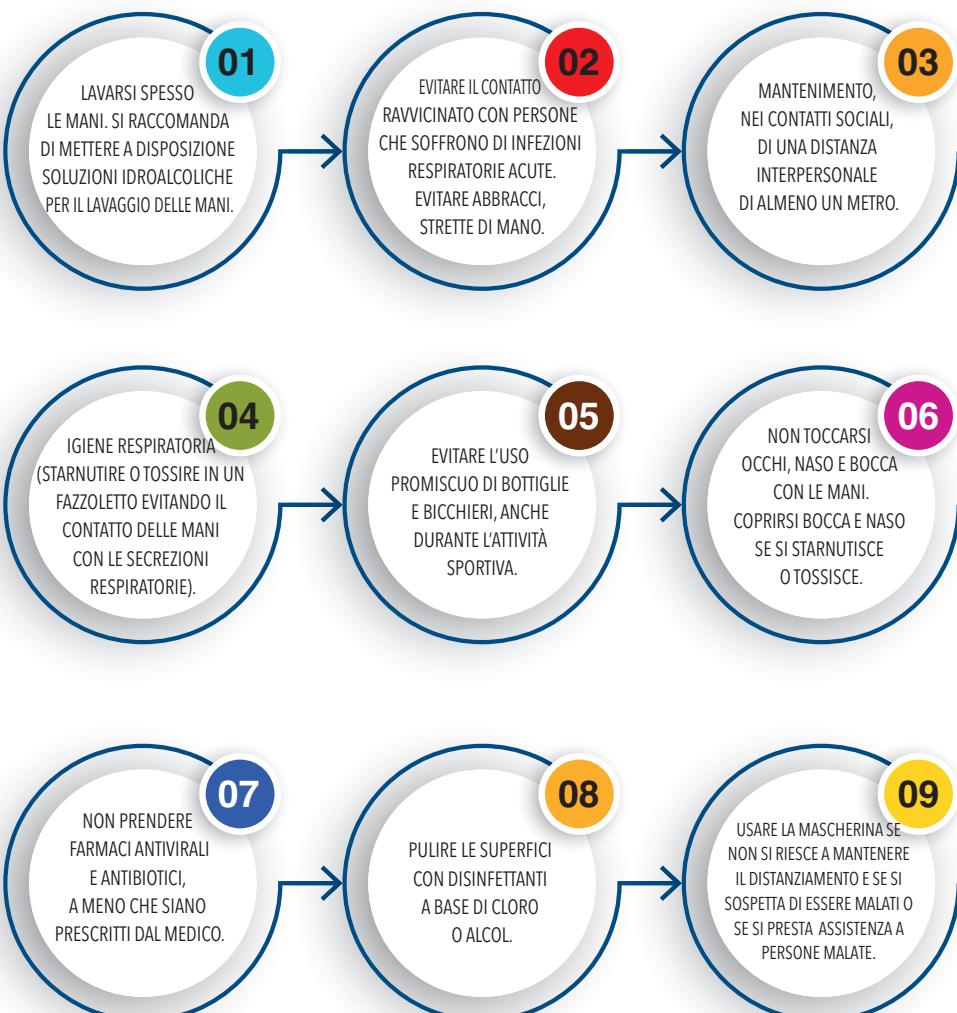
Anyone with symptoms attributable to Covid-19 infection (body temperature above 37.5 ° C, cough, breathing difficulties) must necessarily notify the Organizer.

The person in isolation must wear a protective mask and must not use common areas.



**Allegato 1 VADEMECUM  
(DPCM 04.03.2020)**

### Misure igienico-sanitarie:



## ALLEGATO 2- INFORMAZIONE PREVENTIVA

**Come lavarsi le mani con acqua e sapone?**

**LAVA LE MANI CON ACQUA E SAPONE, SOLTANTO SE VISIBILMENTE SPORCHE! ALTRIMENTI, SCEGLI LA SOLUZIONE ALCOLICA!**

Durata dell'intera procedura: **40-60 secondi**



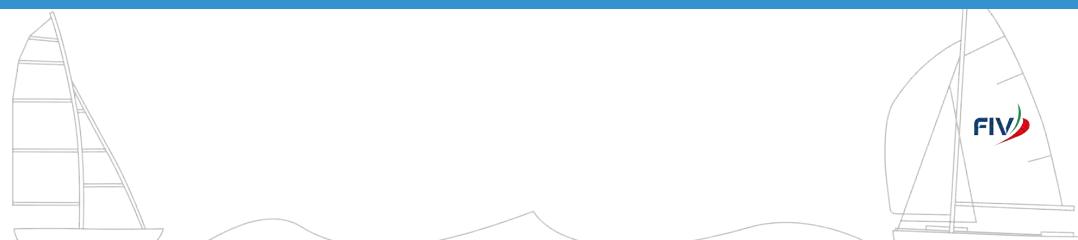
- 0 Bagna le mani con l'acqua
- 1 applica una quantità di sapone sufficiente per coprire tutta la superficie delle mani
- 2 friziona le mani palmo contro palmo
- 3 il palmo destro sopra il dorso sinistro intrecciando le dita tra loro e viceversa
- 4 palmo contro palmo intrecciando le dita tra loro
- 5 dorso delle dita contro il palmo opposto tenendo le dita strette tra loro
- 6 frizione rotazionale del pollice sinistro stretto nel palmo destro e viceversa
- 7 frizione rotazionale, in avanti ed indietro con le dita della mano destra strette tra loro nel palmo sinistro e viceversa
- 8 Risciacqua le mani con l'acqua
- 9 asciuga accuratamente con una salvietta monouso
- 10 usa la salvietta per chiudere il rubinetto
- 11 ...una volta asciutte, le tue mani sono sicure.

**WORLD ALLIANCE  
for PATIENT SAFETY**

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Dove mai si può uscire





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Ministro della Salute

