



COVID-19 SAFETY PROTOCOL

Crew and owner guidelines

INTRODUCTION: The correct application and compliance with the protocol is under the direct responsibility of the owner or delegate of the boat, who ensures that all crew members strictly adhere to the instructions provided by the protocol.

The following are rules that must be followed:

- AVOID ANY FORM OF ASSEMBLY
- WEAR THE PROTECTIVE MASK in all covered and uncovered areas
- Do not enter the office CNSM/DARSENA or any other areas related to LA CINQUECENTO including open areas if you have a temperature over 37.5 or other flu like symptoms and you must call your family doctor and the local medical authorities (either 1500 or emergency services 112)
- Should the crew member that visited the CNSM/DARSENA office develop flu like symptoms please contact the Secretary at CNSM, this applies to the subsequent 14 days should symptoms appear.
- Respect all regulations prescribed by the Health Authorities (in particular those regarding social distancing and personal hygiene).

Vehicle access and equipment

Access with vehicles in the Darsena Orologio is not allowed; the car parks are the municipal ones in front of the dock, ask for special free permission to CNSM Secretary Office.

To deposit any equipment, contact the Circolo Nautico Santa Margherita.

It is strictly forbidden to leave material on the docks or piers.

Access to the competition site

It is mandatory to undergo daily temperature measurements. LA CINQUECENTO will take place in all its phases outdoors and without the presence of the public, as required by Government and / or Local Authorities. At the Darsena dell'Orologio and at Porto Peschereccio, dispensers with hydroalcoholic hand-washing gel are available to competitors.

Enclosed spaces

Competitors are not allowed to access the CIRCOLO NAUTICO SANTA MARGHERITA on regatta days.

Changing rooms and toilets

The use of the changing rooms is forbidden.

Inside the toilets it is mandatory to wear a mask and maintain the interpersonal distance of at least 1 meter, respecting the established capacity.



Swab

As per FIV (Italian Sailing Federation) indications, making a swab is recommended although not mandatory.

Please note that LA CINQUECENTO transits through Croatian waters and in the event of a stop NO later than 12 hours, the result of the swab will not be requested. We invite you to read the measures adopted by the Italian and Croatian authorities:

https://ambzagabria.esteri.it/Ambasciata_Zagabria/it/ambasciata/news/dall_ambasciata/emergenza-covid-19-nuove-misure_0.html

Distribution of materials

The distribution of material to racers and technicians (gadgets, stickers) or to the assistance staff at the event, will take place on FRIDAY 28th MAY 2021 at Porto Peschereccio, ensuring interpersonal distancing of at least one meter, see program.

Tracking

The satellite tracking will be delivered to competitors on SATURDAY 29th MAY from 8.30 am, ensuring interpersonal distance of at least one meter. see program.

Competitors are requested to fill out the tracker form.

Communication to participants and technical support

All communication to participants (bulletin board) will take place exclusively online. See www.cnsm.org page LA CINQUECENTO and join Telegram channel La Cinquecento.21. For all communication to the Secretary of CNSM please use +39.336.829581 or info@cnsm.org.

Briefing

The technical and weather briefing will be held on FRIDAY 28th MAY 2021 at 6.00 pm at Piazza Matteotti in Caorle. Access is allowed to 2 people per boat.

In case of bad weather, Briefing will be held at the Centro Civico in Piazza Vescovado.

Race officers and assistance staff

Race officials and assistance staff must use personal technical equipment.

A mask must be used on board the Committee boats and inside the apartment reseved for R.C. an interpersonal distance of at least 1 meter must be maintained.

On board of ribs with more people it is mandatory to wear a mask and maintain the interpersonal distance of at least 1 meter.

Protests discussion

For discussion of the protests, the O.C. of LA CINQUECENTO will prefer online mode, sending communication to the competitors.

If necessary, will be used a suitable room that allows interpersonal distancing of 1 meter. The hearing room will be adequately ventilated and sanitized. You will be able to enter by making mandatory use of a mask.



Ranking

Rankings will be published exclusively electronically, on the site cnsm.org on La Cinquecento page and in the Telegram channel La Cinquecento.21. They can also be posted on social networks.

Social events, opening ceremony, prize-giving ceremony

There are no social events and opening ceremony.

The Prize-giving Ceremony will be held on Saturday 5 June 2021 at 7.00 pm at Piazza Matteotti in Caorle.

In case of bad weather, the Briefing will be held at the Centro Civico in Piazza Vescovado

Management of symptomatic cases

Anyone with symptoms attributable to Covid-19 infection (body temperature above 37.5 ° C, cough, breathing difficulties) must necessarily notify the Organizer.

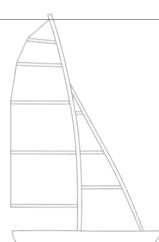
The person in isolation must wear a protective mask and must not use common areas.



**Allegato 1 VADEMECUM
(DPCM 04.03.2020)**

Misure igienico-sanitarie:

- 01**
LAVARSI SPESO LE MANI. SI RACCOMANDA DI METTERE A DISPOSIZIONE SOLUZIONI IDROALCOLICHE PER IL LAVAGGIO DELLE MANI.
- 02**
EVITARE IL CONTATO RAVVICINATO CON PERSONE CHE SOFFRONO DI INFETZIONI RESPIRATORIE ACUTE. EVITARE ABBRACCI, STRETTE DI MANO.
- 03**
MANTENIMENTO, NEI CONTATTI SOCIALI, DI UNA DISTANZA INTERPERSONALE DI ALMENO UN METRO.
- 04**
IGIENE RESPIRATORIA (STARNUTIRE O TOSSIRE IN UN FAZZOLETTO EVITANDO IL CONTATO DELLE MANI CON LE SECREZIONI RESPIRATORIE).
- 05**
EVITARE L'USO PROMISCUO DI BOTTIGLIE E BICCHIERI, ANCHE DURANTE L'ATTIVITÀ SPORTIVA.
- 06**
NON TOCCARSI OCCHI, NASO E BOCCA CON LE MANI. COPRIRSI BOCCA E NASO SE SI STARNUTISCE O TOSSISCE.
- 07**
NON PRENDERE FARMACI ANTIVIRALI E ANTIBIOTICI, A MENO CHE SIANO PRESCRITTI DAL MEDICO.
- 08**
PULIRE LE SUPERFICI CON DISINFETTANTI A BASE DI CLORO O ALCOL.
- 09**
USARE LA MASCHERINA SE NON SI RIESCE A MANTENERE IL DISTANZIAMENTO E SE SI SOSPESTA DI ESSERE MALATI O SE SI PRESTA ASSISTENZA A PERSONE MALATE.



ALLEGATO 2- INFORMAZIONE PREVENTIVA

Come lavarsi le mani con acqua e sapone?

LAVA LE MANI CON ACQUA E SAPONE, SOLTANTO SE VISIBILMENTE SPORCHE! ALTRIMENTI, SCEGLI LA SOLUZIONE ALCOLICA!

Durata dell'intera procedura: **40-60 secondi**



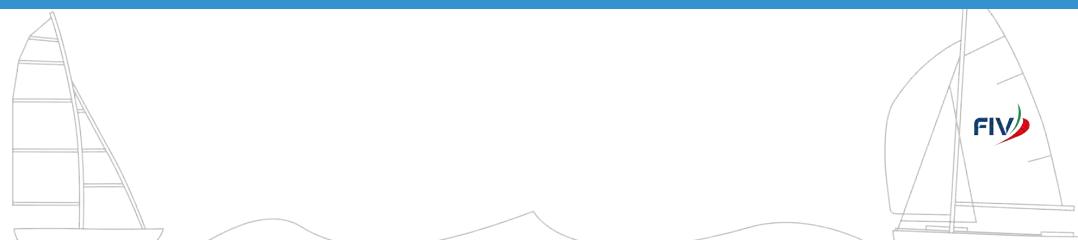
- 0 Bagna le mani con l'acqua
- 1 applica una quantità di sapone sufficiente per coprire tutta la superficie delle mani
- 2 friziona le mani palmo contro palmo
- 3 il palmo destro sopra il dorso sinistro intrecciando le dita tra loro e viceversa
- 4 palmo contro palmo intrecciando le dita tra loro
- 5 dorso delle dita contro il palmo opposto tenendo le dita strette tra loro
- 6 frizione rotazionale del pollice sinistro stretto nel palmo destro e viceversa
- 7 frizione rotazionale, in avanti ed indietro con le dita della mano destra strette tra loro nel palmo sinistro e viceversa
- 8 Risciacqua le mani con l'acqua
- 9 asciuga accuratamente con una salvietta monouso
- 10 usa la salvietta per chiudere il rubinetto
- 11 ...una volta asciutte, le tue mani sono sicure.

**WORLD ALLIANCE
for PATIENT SAFETY**

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October 2006, version 1.

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Dove mai si può uscire





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Ministro della Salute

